

PE Curriculum Overview 2017 2018

KPES-Key PE Sports Gorsefield Physical Education Scheme (JC)

PERB- PE Resources Bank Gorsefield Physical Education Scheme (Teacher)

	Aut 1	Aut 2	Sp 1	Sp 2	Sum 1	Sum 2
Year 1	KPES.-Gymnastics/6 weeks. (Travelling, Rolling, Spins, Space Awareness, Jumping, Shapes, PERB- Dance/ 6 weeks	KPES.-Gymnastics/6 weeks. Stretching+Sinking+Tucking body parts, Sequences, Climbing, Under+Over, Low+High) PERB- Invasion games/ 6 weeks	KPES.-Quickness, Speed & Agility. 6 Weeks (Varied games on SOW) PERB- Gymnastics/ 6 weeks	KPES.-Throwing & Catching 6 Weeks (Accuracy with bean bags, Targets with hula hoops) PERB- Invasion games / 6 weeks	KPES.-Throwing & Catching 6 Weeks (Circuits, varied games, Target Dodgeball) PERB-Athletics and Sports Day Games/ 6 weeks	KPES.-Football 6 Weeks (Ball Control, Awareness, Ball mastery, Dribbling) PERB-Striking and fielding Games/ 6 weeks
Year 2	KPES.-Gymnastics/6 weeks. (Supporting body weight on hands, Stretching&tucking&sinking, Spring, Bridge, Points&Patches) PERB- Dance/ 6 weeks	KPES.-Gymnastics/6 weeks. (Shapes, Pathways, Floor&Apparatus&Sequences) PERB- Invasion games / 6 weeks	KPES.-Quickness, Speed & Agility. 6 Weeks (Varied games on SOW) PERB- Gymnastics/ 6 weeks	KPES.-Parachute Games 6 Weeks (Varied games on SOW) PERB- Invasion games/ 6 weeks	KPES.-Football 6 Weeks (Control, Awareness, Running with ball, Dribbling, Passing) PERB-Athletics and Sports Day Games/ 6 weeks	KPES.-Hockey 6 Weeks (Awareness, Skills, Passing, Dribbling, Receiving) PERB-Striking and fielding Games/ 6 weeks
Year 3	KPES.-Gymnastics/6 Weeks (Balance- Floor, Apparatus, Sequence) KPES. KPES-Football 6 Weeks (Control, Awareness, Running with ball, Dribbling, Passing)	KPES.-Gymnastics/6 Weeks (Rolls, Control keeping knees&ankles together- Floor, Apparatus,Sequences) PERB- Invasion games / 6 weeks	KPES.-Orienteering/6 Weeks (Varied skills on SOW) PERB- Gymnastics/ 6 weeks	KPES.-Dodgeball/6 Weeks (Varied games on SOW) PERB- Rounders/ 6 weeks	PERB- Dance/ 6 weeks PERB-Athletics and Sports Day Games/ 6 weeks	KPES.-Hockey 6 Weeks (Awareness, Skills, Passing, Dribbling, Receiving, Attacking & Defending) PERB-Striking and fielding Games/ 6 weeks

Year 4	KPES.-Gymnastics/6 Weeks (Points&Patches, Travelling) KPES.-Football 6 Weeks (Attacking&Defending, Passing&Shooting, Turning&Moving	KPES.-Gymnastics/6 Weeks (Jumping&Flight, Stretching, Tucking, Sinking, Rocking) PERB- Invasion games / 6 weeks	PERB- Gymnastics/ 6 weeks KPES.-Orienteering/6 Weeks (Varied skills on SOW)	KPES.-Dodgeball/6 Weeks (Varied games on SOW) PERB- Football/ 6 weeks	PERB- Dance/ 6 weeks PERB-Athletics and Sports Day Games/ 6 weeks	KPES.-Hockey 6 Weeks (Awareness, Skills, Passing, Dribbling, Receiving, Attacking & Defending) PERB-Striking and fielding Games/ 6 weeks
Year 5	KPES.-Gymnastics/6 Weeks (Rhythmic with ball, Rolls- Floor, apparatus, sequences) PERB- Dance/ 6 weeks	KPES.-Gymnastics/6 Weeks (Spins, Mirroring) PERB- Invasion games / 6 weeks	KPES.-Basketball/6 Weeks (Dribbling, Attacking&Defending, Passing&Moving) PERB-Tennis/ 6 weeks	KPES.-Orienteering/6 Weeks (Varied skills on SOW) PERB-Tag Rugby/ 6 weeks	KPES.-Football 6 Weeks (Attacking&Defending, Passing&Shooting, Turning&Moving) PERB-Athletics and Sports Day Games/ 6 weeks	KPES.-Hockey 6 Weeks (Forward runs, Team Play, Passing&Receiving, Creating Space) PERB-Striking and fielding Games/ 6 weeks
Year 6	KPES.-Gymnastics/6 Weeks (Holding&Receiving body weight, Points&Patches- Floor, apparatus, sequence.) PERB-Cricket/ 6 weeks	KPES.-Gymnastics/6 Weeks (Push, Pull, Counter balance, Tension-Floor, apparatus, sequence) PERB-Football/ 6 weeks	KPES.-Orienteering/6 Weeks (Varied skills on SOW) PERB-Tag Rugby/ 6 weeks	KPES.-Dodgeball/6 Weeks (Varied games on SOW) PERB-Netball/ 6 weeks	KPES.-Football 6 Weeks (Attacking&Defending, Passing&Shooting, Turning&Moving) PERB-Athletics and Sports Day Games/ 6 weeks	KPES.-Hockey 6 Weeks (Forward runs, Team Play, Passing&Receiving, Creating Space) PERB-Rounders/ 6 weeks PERB-Gymnastics/ 6 weeks